



Ghorepani Poonhill Trek

Trip Facts

Trekking Days	8 Days
Maximum Altitude	3210 m (Poonhill)
Group Size	2 to 25 People
Transportation	Flight & Private Transport
Accommodation	Hotel/Tea house/Lodge
Best Season	Spring & Autumn
Meals	Breakfast/Lunch/Dinner
Tour Type	Trekking

Overview

Poon Hill trek is a short and relatively easy trek into the Annapurna region. This trek is suitable for those who do not have much time to spend with a burning desire to observe the beauty of snow-capped mountains. Nepal Hidden Treks and Expedition organize this trek in 4 days from Kathmandu or Pokhara. Poon Hill trek starts from Nayapul after one and half hour drive from Pokhara. This trek passes the beautiful villages of Ulleri, Ghorepani, and Ghandruk. You will enjoy the trek in the spectacular mountain scenery through delightful villages inhabited by Gurungs and Magars. Around every corner is an exciting glance of the high mountains, whole horizons of which will be open to you as you reach the high points of your trek. The viewpoint on Poonhill (3210m.) offers the best view of mountains and sunrise.



Dense rhododendron forests full of birds and imaging valleys make your trip more enjoyable. Mt. Dhaulagiri ranges, Mt. Annapurna I, Annapurna south, Annapurna II, III, IV, Gangapurna, Lamjung Himal, Barasikhar, Nilgiri, Tukucho Peak, Hiunchuli, and Manaslu ranges will view from this trek. As the sun touches the snow-capped summits, the Himalayan giants, Dhaulagiri (8,167m) and Annapurna (8,091m) along with a maze of other peaks, slowly begin to appear, like magic, before our eyes. Anyone who loves nature and the beautiful landscape will never forget this astounding experience. The trek can be lengthened and shortened according to the time you have.

Days of Itinerary

Day 1

Arrival at Kathmandu(1350)m.

Warmly welcome to you Tribhuvan international airport greeting you by Unique Sherpa trek & expedition. we will be there waiting for you with the company banner in the airport exit hall. after meeting, we will pick up you at to hotel together. and we reach to hotel they will be greeting you welcome juice, tea any items they have. and then you have refreshed. your leader will do brief you about your trip in your hotel lobby. after a brief, yourself prepare for trek things. if you have time will visit the market to buy important things for the trek.

Day 2

Kathmandu drive to Pokhara(950)m.

This morning earlier wake up and drive to go Pokhara by flight or tourist bus any car also available that one managed by the company which Uniquesherpatrek.com. all the way drive to Pokhara 6/7hours by vehicle. 25minuts by flight. and when you reach Pokhara there is really nice and clean city over. in the evening colorful market all kinds of shopping centers, musicians, live cultures



dancing, the biggest one is Fewa lake, there are smaller tea houses till to 7stars hotels also available. Barahi temple middle in the lake really exciting city as a Pokhara.

Day 3

Pokhara to drive nayapul and trek to Ulleri(1,960m).

After breakfasts drive to Nayapool. 1:30 hour get there from Pokhara. we have to drop Nayapool after that start to our trek during the hike. cross to Modi river gets the Biryathati where tourist checkpoint over there. after checking to continue trek to Ulleri. we pass many local villages, teahouses, gently rolling green hills river, and local people. after crossing the Thikhedhunga Khola on the suspension bridge. the trail begins to climb up quite steeply on the stone staircase that is more than 3200 steps. Ulleri elevation 1960m High from sea level. overnight we sleep there.

Day 4

Ulleri to Ghorepani (2,870m).

It is a very pleasant part of the trek. we walk the jungle most of the day. if you come in the spring you will see lots of rhododendron flowers. you have the chance to see many wild birds and animals. you can see the great views and many snow-capped mountains. Machhapuchhre, Annapurna south many more mountains. you have to walk 4/5hr ulleri to ghorepaani.

Day 5

Ghorepani (2,870m) to hike poon hill (3,210m) and back to Tadapani (2,610m).

we get up early in the morning with warm clothes and climb up poon hill (3210)m. with headlight. it's not necessary to take many of our things in the rucksack. small your day bag is enough. it about



one an half hour walk can get poon hill. you will see the best sunrises and magnificent views of the Himalayas like Annapurna, fish tell, Annapurna 1,2,3,4, Lamjung Himal, Nilgiri Dhaulagiri, Barashikhar, Tukucho peak, Mt. Manaslu range, many more unforgettable views. after half an hour/ one hour return back to Ghorepani and have breakfast and continue to Tadapaani. take to time 5/6 hours up way to Deurali and again down to Banthati to continue Tadapaani.

Day 6

Tadapani to Ghandruk (1,950m) and drive to Pokhara.

Tadapani is in front of a fishtail, Annapurna South and Himchuli. It's located top of the hill. we have breakfast at the hotel and start to trek all the way jungle many kinds of wild birds there. this is the easier and previous day so relax as you make your way downhill along these gentle slopes. you will first head Bhai's-Kharkaa place there are 2 tea houses. we are all the way walking inside the jungle. Ghandruk is a Gurung people's ethnic group. this terraced mountain village is populated by one of Nepal. the view is the same we can see from Tada-Pani. we get lunch at Ghandruk and if we have time see the museum after that 3hour drive to Pokhara.

Day 7

Pokhara to Kathmandu.

After breakfast, you will pick up from your hotel at the domestic airport. to catch your flight back to Kathmandu if you have any leisure time before the flight you'll take relax with tea-coffee both views. at Kathmandu when you will be there transfer to your hotel. it's your time to explore Kathmandu streets by foot, by bicycle, or rickshaw, perhaps shopping for souvenirs for your sweet family, friends. in the evening choose yourself for farewell dinner any kinds of Nepali dishes, Vietnamese dishes, Indian dishes, French dishes, etc.



Day 8

Departure from Kathmandu.

Today you guys going to leave Nepal for a while you will be attending 3hour before your ticket time in Tribhuvan international airport. the company provides your vehicle for transportation till to airport. its also included in the budget.

Gallery





Trip Cost Includes

- ❖ Airport pick-up and drop Transportation.
- ❖ 3-Night Hotel at Kathmandu (3 Start) Hotel.
- ❖ Domestic flight tickets (Kathmandu – Lukla – Kathmandu) and airport departure taxes.
- ❖ (100% Waterproof) Duffle bag to keep your personal belongings and things to be carried by the porter.
- ❖ 3 Time Meals with Tea/Coffee During Trek.
- ❖ Professional English-speaking Guide, Assistance Guide, and Potters (Size of the Groups) During the Trek.
- ❖ Permit, "Tims", National Parks Entry Fee.
- ❖ All wages and medical, Insurance, for the Guide and potters.
- ❖ First-aid Medical Kits for the Group and Staff.



- ❖ Fare-Well dinner in Kathmandu Before Departure.
- ❖ Helicopter stands by for rescue (nominally charge applies).
- ❖ Unique Sherpa trek & Expedition Appreciation Certificate after the successful trek.
- ❖ All taxes are imposed by the government of Nepal.

Trip Cost Excludes

- ❖ Nepal entry visa fee.
- ❖ Lunch and dinner in Kathmandu and also in case of early return than the scheduled itinerary.
- ❖ Extra baggage check-in during the flight (Kathmandu-Lukla-Kathmandu) if more than 15 KG, extra, can pay directly to the airline.
- ❖ Tips for guides, porters, and divers.
- ❖ Any kind of meal During Your Stay in Kathmandu (Except Farewell Dinner).
- ❖ Extra night accommodation in Kathmandu due to early arrival or late departure, or early return from the trek.
- ❖ Rescue, Medicine, Medical Test, Repatriation, Hospitalization Expenses for Climbs.
- ❖ Any Internet, Hot shower, Drinking Water, Alcohol, cold Drinks, Laundry.
- ❖ Additional costs suffered due to causes beyond our control, such as natural disasters, weather conditions, itinerary modifications due to safety concerns, emergency evacuation, changes in government policies, strikes, and so forth.
- ❖ Insurance for Clients.
- ❖ International flight Tickets.
- ❖ Clothing, Packing Items or bag, personal, Medical Kits, and Personal Trekking Gear.
- ❖ any other items, not Included in the Above (Cost Includes) Section.



Terms & Conditions

Unique Sherpa Trek And Expedition : Company is a trustworthy and registered Company under the laws of Nepal Tourism Industry and accepts your bookings under the following terms and conditions.

Booking Terms: Booking your trip with Unique Sherpa Trek And Expedition accept with terms and conditions of sale. Every trekker is required to complete the form of registrations. At the time of registration, Trekker's are expected to pay a deposit 30% of total cost to complete your booking. Please note the trip cost is required to make in advance as per the company policy, this deposit help us to make confirm reservation of Hotels in City, domestic flights and all other trip arrangements for final trip booking. Along with deposit we need detailed name lists of participants, same as passport, Gender, Nationality, Date of birth, passport number, passport issue/ Expiry dates & profession. You need to send us passport copy, photo identity and e-ticket by e-mail for all trips in Nepal.

Cancellation Policy: If any reason you have to cancel your trip, we Unique Sherpa Trek and expedition require written confirmation of your decision. The amount you have paid to us will be refunded according to the following terms:

- Cancellation more than 35 days before your departure date: \$60 will charged.
- Cancellation more than 35 to 19 days before your departure date: your deposit, 25% will charged.
- Cancellation more than 18 to 10 days before your departure date: 50% will charged.
- Cancellation more than 9 to 05 days before your departure date: 75% will charged.
- Cancellation less than 4 days before your departure date: 100% of the total will charged.

I reserve the right to revise pricing rates declared under any circumstances, or on the pressure of various external factors that are further than our control, for instance changes in exchange rate, government action etc. But, I declared forth effort to keep on the present rate. In case of minor



increase in flights fares, hotels or other related factors, we don't revise the cost of the trip which was already confirmed & booked by deposit.

Physical Condition Requirement: Unique Sherpa Trek & Expedition can offer advice and recommendations about health requirements but it is the individual responsibility of each trekker to acquire any necessary documents and medical care. The information on the technical sheet provided is indicative, it is your responsibility to check with the authorities concerned for the exact requirements for your chosen destination at the time of travel. If you do not obtain any necessary medical consultations or travel documents and are not allowed to enter a country, or suffer personal injury or death as a result, we have no liability to you for any cost, loss or damage which you suffer nor will we refund you the cost of any unused portion of your travel arrangements. It is your responsibility to comply with the regulations and procedures of police, customs and health at all times throughout your trip.

Risk & Responsibility: Your safety and enjoyment is my prime concern. I therefore carry out my responsibility honestly & sincerely to ensure your holiday trouble – free as well as you have desired. Nevertheless, unless stated otherwise, trip may be change under uncertain and inherent circumstances such as land-slides, road blockage, flood, snow political unrest, cancellation of flight, delay arrival, sickness or accidents etc. Any extra cost incurring there is your personal responsibility and should be borne on the spot.

Travel Insurance: You must purchase comprehensive travel insurance package against medical, natural calamity, helicopter evacuation, personal accident, trip cancellation etc with worth of USD 100,000.00 minimum. However travel insurance is not mandatory for those travelers (s) who is intend cultural/city tours or short hike bellow 2500 meters of altitude.. This is strongly suggested to all our esteemed clients, which will greatly help you when there is a need for high altitude sickness or any other. If you have no idea we will help you to find this good one contact us.

Domestic flight Cancellation, delays and changes in the itinerary: The weather conditions especially in Nepal cannot predict perfectly, therefore, develop an alternative mentality in case of



flight cancels and delays. Generally, all trekking route in Nepal are lies on remote areas so, we, Unique Sherpa Treks and Expedition advised you to make an extra reservation day to prepare with some delays and avoid frustrating consequences. In case of cancellation before trip or after trip the accommodation and food cost need to bear by yourself.

In case of incomplete treks or tour: No refund will be made to clients who drop out from the journey regardless of whatever portions remain unused in the itinerary. First of all, we never broke the trekking team in between until our last destination as per our itinerary given to you. If any Clients wants to make single trip or wants to depart with team or wants to make the trek by making own itinerary, on those condition we, Unique Sherpa Treks and Expedition do not accept the condition. In such case, the Clients him/her self-need to bear all the expenses during trek made by yourself and need to make your own risk.

Payment System Advance booking: You can directly transfer or deposit your amount to our company's official bank account number. We will be not responsible if you send your money in any private name like (people account) We will only response when you send your advance payment we will clear you with bank statement.

This is the bank detail:

Bank name: Nepal investment MEGA Bank Limited.

Account no: 13201050044295

SWIFT CODE: NIBLNPKT

Branch: Thamel: Kathmandu Nepal

Account name: Unique Sherpa Trek & Expedition Pvt. Ltd.



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Contact Details

Contact Person Name: {Lakpa Sherpa } “Founder”

Country: Nepal

Phone No: +977-9862854770

Phone No: +977-9818569330

Email Address: <mailto:info@uniquesherpatrek.com>

Email Address: <mailto:slakpa994@gmail.com>

Websites: <https://www.uniquesherpatrek.com>

Contact Person Name: {Old rich Turner} “Founder”

Country: Europe

Phone No: +420720759248

Email Address: oldrich.turner@vasebudoucnost.cz

Email Address: <mailto:info@uniquesherpatrek.com>

Websites: <https://www.uniquesherpatrek.com>



Ghorepani Poonhill Trek

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Thank You For Your Time